Jasmen 09/04/26 Jazmenn B. — Yelp

Conveniently located in Kaheka professional building with free parking available for guests in the first parking lot to your right on Liona street I have received some gentle nurturing PT care from Janice at Rainbow Physical Therapy.

Although still in recovery over the course of treatment and with Janice's help I grew to be very hopeful about recovery and have felt like the experience was tailored to my needs at every appointment to the setting of music following our check in, of course treatments like electrical stimulation, red light therapy, to her providing stretches to help manage the pain on my own time, even beyond that the introduction of things she thinks I could be interested in which I came to learn through observation was her way of reminding me that the pain Ive been experiencing didn't have to stop my life long term.

In this same office I received some wonderful relaxing but also deeply releasing massages from Suki. I know the two treatment coupled together have really helped.

I walked in stiff and through a slow intentional treatment my body is starting to feel like a full recovery is in my sights.

Thanks Rainbow Physical Therapy Team!